

Snack:

Avocado & Bacon Salad

Bringing your favourite ingredients together, what more could you ever want! Honestly good for any time of the day, this is one recipe you can't live without!



INGREDIENTS

3 strips of Bacon
½ of an avocado
6 lettuce leaves
½ of a big carrot
2 tablespoons of mustard seeds
¼ of a large capsicum

CHEF'S TOP TIPS

DONT LIKE CARROTS OR CAPSICUM? THAT'S OKAY, REPLACE WITH YOUR FAVOURITE VEGES AND YOU ARE GOOD TO GO! TOP WITH SOME SALAD DRESSING AS WELL IF YOU ARE FEELING FANCY.

A GREAT MEAL FOR BEFORE THE GYM OR AS A STARTER BEFORE DINNER, ANYTHING GOES!

1. Cut lettuce into small pieces, cut avocado into pieces like the picture above or to any size that suits you.

2. Then, cut capsicums and grate carrot.

3. Place tall ingredients into a bowl or plate and then evenly spread mustard seeds around the dish.